

(Continued)

look for potential concussions on the field and immediately report this to team physicians. Many college programs engage in intensive baseline neuropsychological and neuroscience testing, which can be compared with a person's performance after a concussion to help determine when the person should return to play. It is no longer the case that a concussion should be seen as unimportant.

Thought Question: Since young people are at particular risk for serious injury from concussions while playing sports, what recommendations would you offer to make it safer?

Based on Semyon Slobounov & Wayne Sebastianelli. (2014). *Concussions in Athletics: From Brain to Behavior*. New York, NY: Springer Publishing.